

# Lost Without Cha

**Count:** 32    **Wall:** 4    **Level:** Beginner

**Choreographer:** Gaye Teather (UK) (March 2019)

**Music:** Missing You by Wade Bowen (119 bpm.) CD: If We Ever Make It Home



Track available from iTunes, Amazon etc

#32 count intro

## Weave Left. Cross rock. Chasse quarter turn Right

- 1 – 2                      Cross Right over Left. Step Left to Left side  
3 – 4                      Cross Right behind Left. Step Left to Left side  
5 – 6                      Cross rock Right over Left. Recover onto Left  
7&8                        Step Right to Right side. Step Left beside Right. 1/4 turn Right stepping forward on Right (3 o'clock)

**\*Restart: At the end of wall 3 you will be facing 9 o'clock.**

**Dance counts 1 – 6 of the above section then step quarter turn Right to face front. Step Left beside Right and restart from beginning**

## Step forward. Kick. Step back. Touch. Step. Lock. Step-Lock-Step

- 1 – 2                      Step forward on Left. Kick Right foot forward  
3 – 4                      Step back on Right. Touch Left toe back  
5 – 6                      Step forward on Left. Lock Right behind Left  
**Option: Dip knees slightly on lock (count 6)**  
7&8                        Step forward on Left. Lock Right behind Left. Step forward on Left

## Step. Pivot half turn Left. Shuffle forward. Step. Pivot half turn Right. Shuffle forward

- 1 – 2                      Step forward on Right. Pivot half turn Left  
3&4                        Step forward on Right. Step Left beside Right. Step forward on Right  
5 – 6                      Step forward on Left. Pivot half turn Right (3 o'clock)  
7&8                        Step forward on Left. Step Right beside Left. Step forward on Left

## Right kick-ball-change (X2). Cross rock. Side rock

- 1&2                        Kick Right foot forward. Step Right beside Left. Step Left in place  
3&4                        Kick Right foot forward. Step Right beside Left. Step Left in place  
5 – 6                      Cross rock Right over Left. Recover onto Left. Rock Right to Right side. Recover onto Left

**Start again**